

# Treasure Map Instructions

Can be made for any area of your life - personal, work, community, emotional or for even just one event or desire (taking control of your health). You are the director and the star - be unlimited and creative. The more you put on your TM the more focused you are. The clearer your desires becomes the more support you receive from the universe!

## 8 Step Strategy to Success ~ Treasure Map



❶ Decide size & color (can tape construction paper together)

✂ Put picture of yourself in the center -write/type your name on it or under it

✂ Cut out or write an affirmative statement that has meaning to you & put under your picture

✂ Cut out pictures or words (can also be written or drawn) of what you desire to “give” & place around your picture, i.e., emotions, services, material goods

✂ Cutout pictures or words (as above) of what you desire to “receive” & place beyond the “give” area

✓ Date your Treasure Map

✓ Place where you will see it every day & know that this or better is yours

✓ Can be added to or changed at any time